

SIMON'S TOWN - WYNBERG - CAPE TOWN										
MONDAYS TO FRIDAYS										
TRAIN NO.	0102	0104	0106	0108	0110	0112	0114	0116	0118	0120
SIMON'S TOWN	04:20		05:11			05:40				
GLENCAIRN	04:25		05:16			05:45				
SUNNY COVE	04:29		05:20			05:49				
FISH HOEK	04:32		05:23	05:35		05:52		06:10		
KALK BAY	04:36		05:27	05:39		05:56		06:14		
ST JAMES	04:38		05:29	05:41		05:58		06:16		
MUIZENBERG	04:41		05:32	05:44		06:01		06:19		
FALSE BAY	04:43		05:34	05:46		06:03		06:21		
LAKESIDE	04:45		05:36	05:48		06:05		06:23		
STEENBERG	04:48		05:39	05:51		06:08		06:26		
RETREAT	04:50	05:20	05:41	05:53	06:00	06:10	06:18	06:28	06:36	
HEATHFIELD	04:53	05:23	05:44	05:56	06:03	06:13	06:21	06:31	06:39	
DIEPRIVIER	04:55	05:25	05:46	05:58	06:05		06:23	06:33	06:41	
STEURHOF	04:57	05:27	05:48	06:00	06:07		06:25	06:35	06:43	
PLUMSTEAD	04:59	05:29	05:50	06:02	06:09	06:17	06:27	06:37	06:45	06:51
WITTEBOME	05:01	05:31	05:52	06:04	06:11		06:29	06:39	06:47	06:53
WYNBERG	05:03	05:33	05:54	06:06	06:13	06:20	06:31	06:41	06:49	06:55
KENILWORTH	05:05	05:35	05:56	06:08	06:15	06:22	06:33	06:43	06:51	06:57
HARFIELD RD	05:07	05:37	05:58	06:10	06:17		06:35	06:45	06:53	06:59
CLAREMONT	05:09	05:39	06:00	06:12	06:19	06:25	06:37	06:47	06:55	07:01
NEULANDS	05:11	05:41	06:02	06:14	06:21		06:39	06:49	06:57	07:03
RONDEBOSCH	05:13	05:43	06:04	06:16	06:23	06:29	06:41	06:51	06:59	07:05
ROSEBANK	05:15	05:45	06:06	06:18	06:25		06:43	06:53	07:01	07:07
MOWBRAY	05:17	05:47	06:08	06:20	06:27	06:32	06:45	06:55	07:03	07:09
OBSERVATORY	05:19	05:49	06:10	06:22	06:29	06:34	06:47	06:57	07:05	07:11
SALT RIVER	05:22	05:52	06:13	06:25	06:32	06:37	06:50	07:00	07:08	07:14
WOODSTOCK	05:25	05:55	06:16	06:28	06:35	06:40	06:53	07:03	07:11	07:17
CAPE TOWN	05:28	05:58	06:19	06:31	06:38	06:43	06:56	07:06	07:14	07:20

SIMON'S TOWN - WYNBERG - CAPE TOWN										
MONDAYS TO FRIDAYS										
TRAIN NO.	0122	0124	0126	TWFS 0128	0130	0132	B 0134	0136	0138	TWFS 0140
SIMON'S TOWN		06:30					07:08			
GLENCAIRN		06:35					07:13			
SUNNY COVE		06:39					07:17			
FISH HOEK	06:31	06:42		06:55		07:10	07:20	07:27		07:40
KALK BAY	06:35	06:46		06:59		07:14	07:24	07:31		07:44
ST JAMES	06:37	06:48		07:01		07:16	07:26	07:33		07:46
MUIZENBERG	06:40	06:51		07:04		07:19	07:29	07:36		07:49
FALSE BAY	06:42	06:53		07:06		07:21	07:31	07:38		07:51
LAKESIDE	06:44	06:55		07:08		07:23	07:33	07:40		07:53
STEENBERG	06:47	06:58		07:11		07:26	07:36	07:43		07:56
RETREAT	06:49	07:00	07:07	07:13		07:28	07:38	07:45	07:54	07:58
HEATHFIELD	06:52	07:03	07:10	07:16		07:31	07:41	07:48	07:57	08:01
DIEPRIVIER	06:54	07:05	07:12	07:18		07:33		07:50	07:59	08:03
STEURHOF	06:56		07:14	07:20		07:35		07:52	08:01	08:05
PLUMSTEAD	06:58	07:08	07:16	07:22	07:28	07:37	07:44	07:54	08:03	08:07
WITTEBOME	07:00		07:18	07:24	07:30	07:39		07:56	08:05	08:09
WYNBERG	07:02	07:11	07:20	07:26	07:32	07:41	07:47	07:58	08:07	08:11
KENILWORTH	07:04	07:13	07:22	07:28	07:34	07:43		08:00	08:09	08:13
HARFIELD RD	07:06		07:24	07:30	07:36	07:45		08:02	08:11	08:15
CLAREMONT	07:08	07:16	07:26	07:32	07:38	07:47	07:52	08:04	08:13	08:17
NEWLANDS	07:10		07:28	07:34	07:40	07:49	07:54	08:06	08:15	08:19
RONDEBOSCH	07:12	07:19	07:30	07:36	07:42	07:51	07:56	08:08	08:17	08:21
ROSEBANK	07:14		07:32	07:38	07:44	07:53	07:58	08:10	08:19	08:23
MOWBRAY	07:16	07:22	07:34	07:40	07:46	07:55	08:00	08:12	08:21	08:25
OBSERVATORY	07:18	07:24	07:36	07:42	07:48	07:57	08:02	08:14	08:23	08:27
SALT RIVER	07:21	07:27	07:39	07:45	07:51	08:00	08:05	08:17	08:26	08:30
WOODSTOCK	07:24	07:30	07:42	07:48	07:54	08:03	08:08	08:20	08:29	08:33
CAPE TOWN	07:27	07:33	07:45	07:51	07:57	08:06	08:11	08:23	08:32	08:36
B - BUFFET CAR ATTACHED										
TWFS : TRAIN WITHDRAWN FROM SERVICE 18 DECEMBER 2006 - 12 JANUARY 2007										

SIMON'S TOWN - WYNBERG - CAPE TOWN										
MONDAYS TO FRIDAYS										
TRAIN NO.	0142	0144	0146	0148	0150	0152	0154	0156	0158	0160
SIMON'S TOWN		07:46				08:19		08:54		
GLENCAIRN		07:51				08:24		08:59		
SUNNY COVE		07:55				08:28		09:03		
FISH HOEK	07:50	07:58			08:22	08:31	08:49	09:06	09:17	09:29
KALK BAY	07:54	08:02			08:26	08:35	08:53	09:10	09:21	09:33
ST JAMES	07:56	08:04			08:28	08:37	08:55	09:12	09:23	09:35
MUIZENBERG	07:59	08:07			08:31	08:40	08:58	09:15	09:26	09:38
FALSE BAY	08:01	08:09			08:33	08:42	09:00	09:17	09:28	09:40
LAKESIDE	08:03	08:11			08:35	08:44	09:02	09:19	09:30	09:42
STEENBERG	08:06	08:14			08:38	08:47	09:05	09:22	09:33	09:45
RETREAT	08:08	08:16	08:22	08:32	08:40	08:49	09:07	09:24	09:35	09:47
HEATHFIELD	08:11	08:19	08:25	08:35	08:43	08:52	09:10	09:27	09:38	09:50
DIEPRIVIER	08:13	08:21	08:27	08:37	08:45	08:54	09:12	09:29	09:40	09:52
STEURHOF	08:15	08:23	08:29	08:39	08:47	08:56	09:14	09:31	09:42	09:54
PLUMSTEAD	08:17	08:25	08:31	08:41	08:49	08:58	09:16	09:33	09:44	09:56
WITTEBOME	08:19	08:27	08:33	08:43	08:51	09:00	09:18	09:35	09:46	09:58
WYNBERG	08:21	08:29	08:35	08:45	08:53	09:02	09:20	09:37	09:48	10:00
KENILWORTH	08:23	08:31	08:37	08:47	08:55	09:04	09:22	09:39	09:50	10:02
HARFIELD RD	08:25	08:33	08:39	08:49	08:57	09:06	09:24	09:41	09:52	10:04
CLAREMONT	08:27	08:35	08:41	08:51	08:59	09:08	09:26	09:43	09:54	10:06
NEWLANDS	08:29	08:37	08:43	08:53	09:01	09:10	09:28	09:45	09:56	10:08
RONDEBOSCH	08:31	08:39	08:45	08:55	09:03	09:12	09:30	09:47	09:58	10:10
ROSEBANK	08:33	08:41	08:47	08:57	09:05	09:14	09:32	09:49	10:00	10:12
MOWBRAY	08:35	08:43	08:49	08:59	09:07	09:16	09:34	09:51	10:02	10:14
OBSERVATORY	08:37	08:45	08:51	09:01	09:09	09:18	09:36	09:53	10:04	10:16
SALT RIVER	08:40	08:48	08:54	09:04	09:12	09:21	09:39	09:56	10:07	10:19
WOODSTOCK	08:43	08:51	08:57	09:07	09:15	09:24	09:42	09:59	10:10	10:22
CAPE TOWN	08:46	08:54	09:00	09:10	09:18	09:27	09:45	10:02	10:13	10:25

SIMON'S TOWN - WYNBERG - CAPE TOWN										
MONDAYS TO FRIDAYS										
TRAIN NO.	0162	0164	B 0166	0168	0170	0172	0174	0176	0178	0180
SIMON'S TOWN	09:28		10:02		10:52		11:43		12:42	
GLENCAIRN	09:33		10:07		10:57		11:48		12:47	
SUNNY COVE	09:37		10:11		11:01		11:52		12:51	
FISH HOEK	09:40	10:02	10:14	10:40	11:04	11:30	11:55	12:21	12:54	13:10
KALK BAY	09:44	10:06	10:18	10:44	11:08	11:34	11:59	12:25	12:58	13:14
ST JAMES	09:46	10:08	10:20	10:46	11:10	11:36	12:01	12:27	13:00	13:16
MUIZENBERG	09:49	10:11	10:23	10:49	11:13	11:39	12:04	12:30	13:03	13:19
FALSE BAY	09:51	10:13	10:25	10:51	11:15	11:41	12:06	12:32	13:05	13:21
LAKESIDE	09:53	10:15	10:27	10:53	11:17	11:43	12:08	12:34	13:07	13:23
STEENBERG	09:56	10:18	10:30	10:56	11:20	11:46	12:11	12:37	13:10	13:26
RETREAT	09:58	10:20	10:32	10:58	11:22	11:48	12:13	12:39	13:12	13:28
HEATHFIELD	10:01	10:23	10:35	11:01	11:25	11:51	12:16	12:42	13:15	13:31
DIEPRIVIER	10:03	10:25	10:37	11:03	11:27	11:53	12:18	12:44	13:17	13:33
STEURHOF	10:05	10:27	10:39	11:05	11:29	11:55	12:20	12:46	13:19	13:35
PLUMSTEAD	10:07	10:29	10:41	11:07	11:31	11:57	12:22	12:48	13:21	13:37
WITTEBOME	10:09	10:31	10:43	11:09	11:33	11:59	12:24	12:50	13:23	13:39
WYNBERG	10:11	10:33	10:45	11:11	11:35	12:01	12:26	12:52	13:25	13:41
KENILWORTH	10:13	10:35	10:47	11:13	11:37	12:03	12:28	12:54	13:27	13:43
HARFIELD RD	10:15	10:37	10:49	11:15	11:39	12:05	12:30	12:56	13:29	13:45
CLAREMONT	10:17	10:39	10:51	11:17	11:41	12:07	12:32	12:58	13:31	13:47
NEWLANDS	10:19	10:41	10:53	11:19	11:43	12:09	12:34	13:00	13:33	13:49
RONDEBOSCH	10:21	10:43	10:55	11:21	11:45	12:11	12:36	13:02	13:35	13:51
ROSEBANK	10:23	10:45	10:57	11:23	11:47	12:13	12:38	13:04	13:37	13:53
MOWBRAY	10:25	10:47	10:59	11:25	11:49	12:15	12:40	13:06	13:39	13:55
OBSERVATORY	10:27	10:49	11:01	11:27	11:51	12:17	12:42	13:08	13:41	13:57
SALT RIVER	10:30	10:52	11:04	11:30	11:54	12:20	12:45	13:11	13:44	14:00
WOODSTOCK	10:33	10:55	11:07	11:33	11:57	12:23	12:48	13:14	13:47	14:03
CAPE TOWN	10:36	10:58	11:10	11:36	12:00	12:26	12:51	13:17	13:50	14:06
B - BUFFET CAR ATTACHED (EXCEPT MONDAYS)										

SIMON'S TOWN - WYNBERG - CAPE TOWN											
MONDAYS TO FRIDAYS											
TRAIN NO.	B	0182	0184	0186	0188	0190	0192	0194	0196	0198	0200
SIMON'S TOWN	13:20			14:00		14:40				15:18	
GLENCAIRN	13:25			14:05		14:45				15:23	
SUNNY COVE	13:29			14:09		14:49				15:27	
FISH HOEK	13:32	13:50	14:12	14:30	14:52	15:05			15:20	15:30	15:40
KALK BAY	13:36	13:54	14:16	14:34	14:56	15:09			15:24	15:34	15:44
ST JAMES	13:38	13:56	14:18	14:36	14:58	15:11			15:26	15:36	15:46
MUIZENBERG	13:41	13:59	14:21	14:39	15:01	15:14			15:29	15:39	15:49
FALSE BAY	13:43	14:01	14:23	14:41	15:03	15:16			15:31	15:41	15:51
LAKESIDE	13:45	14:03	14:25	14:43	15:05	15:18			15:33	15:43	15:53
STEENBERG	13:48	14:06	14:28	14:46	15:08	15:21			15:36	15:46	15:56
RETREAT	13:50	14:08	14:30	14:48	15:10	15:23	15:32		15:38	15:48	15:58
HEATHFIELD	13:53	14:11	14:33	14:51	15:13	15:26	15:35	15:41	15:51	16:01	
DIEPRIVIER	13:55	14:13	14:35	14:53	15:15	15:28	15:37	15:43	15:53	16:03	
STEURHOF	13:57	14:15	14:37	14:55	15:17	15:30	15:39	15:45	15:55	16:05	
PLUMSTEAD	13:59	14:17	14:39	14:57	15:19	15:32	15:41	15:47	15:57	16:07	
WITTEBOME	14:01	14:19	14:41	14:59	15:21	15:34	15:43	15:49	15:59	16:09	
WYNBERG	14:03	14:21	14:43	15:01	15:23	15:36	15:45	15:51	16:01	16:11	
KENILWORTH	14:05	14:23	14:45	15:03	15:25	15:38	15:47	15:53	16:03	16:13	
HARFIELD RD	14:07	14:25	14:47	15:05	15:27	15:40	15:49	15:55	16:05	16:15	
CLAREMONT	14:09	14:27	14:49	15:07	15:29	15:42	15:51	15:57	16:07	16:17	
NEWLANDS	14:11	14:29	14:51	15:09	15:31	15:44	15:53	15:59	16:09	16:19	
RONDEBOSCH	14:13	14:31	14:53	15:11	15:33	15:46	15:55	16:01	16:11	16:21	
ROSEBANK	14:15	14:33	14:55	15:13	15:35	15:48	15:57	16:03	16:13	16:23	
MOWBRAY	14:17	14:35	14:57	15:15	15:37	15:50	15:59	16:05	16:15	16:25	
OBSERVATORY	14:19	14:37	14:59	15:17	15:39	15:52	16:01	16:07	16:17	16:27	
SALT RIVER	14:22	14:40	15:02	15:20	15:42	15:55	16:04	16:10	16:20	16:30	
WOODSTOCK	14:25	14:43	15:05	15:23	15:45	15:58	16:07	16:13	16:23	16:33	
CAPE TOWN	14:28	14:46	15:08	15:26	15:48	16:01	16:10	16:16	16:26	16:36	
B - BUFFET CAR ATTACHED (EXCEPT MONDAYS)											

SIMON'S TOWN - WYNBERG - CAPE TOWN										
MONDAYS TO FRIDAYS										
TRAIN NO.	0202	0204	0206	TWFS 0208	B 0210	0212	0214	0216	0218	0220
SIMON'S TOWN		15:56			16:30			17:09		
GLENCAIRN		16:01			16:35			17:14		
SUNNY COVE		16:05			16:39			17:18		
FISH HOEK		16:08	16:20		16:42	16:55	17:10	17:21	17:27	17:38
KALK BAY		16:12	16:24		16:46	16:59	17:14	17:25	17:31	17:42
ST JAMES		16:14	16:26		16:48	17:01	17:16	17:27	17:33	17:44
MUIZENBERG		16:17	16:29		16:51	17:04	17:19	17:30	17:36	17:47
FALSE BAY		16:19	16:31		16:53	17:06	17:21	17:32	17:38	17:49
LAKESIDE		16:21	16:33		16:55	17:08	17:23	17:34	17:40	17:51
STEENBERG		16:24	16:36		16:58	17:11	17:26	17:37	17:43	17:54
RETREAT	16:12	16:26	16:38	16:49	17:00	17:13	17:28	17:39	17:45	17:56
HEATHFIELD	16:15	16:29	16:41	16:52	17:03	17:16	17:31	17:42	17:48	17:59
DIEPRIVIER	16:17	16:31	16:43	16:54	17:05	17:18	17:33	17:44	17:50	18:01
STEURHOF	16:19	16:33	16:45	16:56	17:07	17:20	17:35	17:46	17:52	18:03
PLUMSTEAD	16:21	16:35	16:47	16:58	17:09	17:22	17:37	17:48	17:54	18:05
WITTEBOME	16:23	16:37	16:49	17:00	17:11	17:24	17:39	17:50	17:56	18:07
WYNBERG	16:25	16:39	16:51	17:02	17:13	17:26	17:41	17:52	17:58	18:09
KENILWORTH	16:27	16:41	16:53	17:04	17:15	17:28	17:43	17:54	18:00	18:11
HARFIELD RD	16:29	16:43	16:55	17:06	17:17	17:30	17:45	17:56	18:02	18:13
CLAREMONT	16:31	16:45	16:57	17:08	17:19	17:32	17:47	17:58	18:04	18:15
NEWLANDS	16:33	16:47	16:59	17:10	17:21	17:34	17:49	18:00	18:06	18:17
RONDEBOSCH	16:35	16:49	17:01	17:12	17:23	17:36	17:51	18:02	18:08	18:19
ROSEBANK	16:37	16:51	17:03	17:14	17:25	17:38	17:53	18:04	18:10	18:21
MOWBRAY	16:39	16:53	17:05	17:16	17:27	17:40	17:55	18:06	18:12	18:23
OBSERVATORY	16:41	16:55	17:07	17:18	17:29	17:42	17:57	18:08	18:14	18:25
SALT RIVER	16:44	16:58	17:10	17:21	17:32	17:45	18:00	18:11	18:17	18:28
WOODSTOCK	16:47	17:01	17:13	17:24	17:35	17:48	18:03	18:14	18:20	18:31
CAPE TOWN	16:50	17:04	17:16	17:27	17:38	17:51	18:06	18:17	18:23	18:34
B - BUFFET CAR ATTACHED										
TWFS : TRAIN WITHDRAWN FROM SERVICE 18 DECEMBER 2006 - 12 JANUARY 2007										

SIMON'S TOWN - WYNBERG - CAPE TOWN									
MONDAYS TO FRIDAYS									
TRAIN NO.	0222	0224	0226	TWFS 0228	B 0230				
SIMON'S TOWN		17:48		18:25	19:11				
GLENCAIRN		17:53		18:30	19:16				
SUNNY COVE		17:57		18:34	19:20				
FISH HOEK	17:50	18:00	18:12	18:37	19:23				
KALK BAY	17:54	18:04	18:16	18:41	19:27				
ST JAMES	17:56	18:06	18:18	18:43	19:29				
MUIZENBERG	17:59	18:09	18:21	18:46	19:32				
FALSE BAY	18:01	18:11	18:23	18:48	19:34				
LAKESIDE	18:03	18:13	18:25	18:50	19:36				
STEENBERG	18:06	18:16	18:28	18:53	19:39				
RETREAT	18:08	18:18	18:30	18:55	19:41				
HEATHFIELD	18:11	18:21	18:33	18:58	19:44				
DIEPRIVIER	18:13	18:23	18:35	19:00	19:46				
STEURHOF	18:15	18:25	18:37	19:02	19:48				
PLUMSTEAD	18:17	18:27	18:39	19:04	19:50				
WITTEBOME	18:19	18:29	18:41	19:06	19:52				
WYNBERG	18:21	18:31	18:43	19:08	19:54				
KENILWORTH	18:23	18:33	18:45	19:10	19:56				
HARFIELD RD	18:25	18:35	18:47	19:12	19:58				
CLAREMONT	18:27	18:37	18:49	19:14	20:00				
NEULANDS	18:29	18:39	18:51	19:16	20:02				
RONDEBOSCH	18:31	18:41	18:53	19:18	20:04				
ROSEBANK	18:33	18:43	18:55	19:20	20:06				
MOWBRAY	18:35	18:45	18:57	19:22	20:08				
OBSERVATORY	18:37	18:47	18:59	19:24	20:10				
SALT RIVER	18:40	18:50	19:02	19:27	20:13				
WOODSTOCK	18:43	18:53	19:05	19:30	20:16				
CAPE TOWN	18:46	18:56	19:08	19:33	20:19				
B - BUFFET CAR ATTACHED									
TWFS : TRAIN WITHDRAWN FROM SERVICE 18 DECEMBER 2006 - 12 JANUARY 2007									

SIMON`S TOWN - WYNBERG - CAPE TOWN											
SATURDAYS											
TRAIN NO.	0100	0102	0104	0106	0108	0110	0112	B	0114	0116	0118
SIMON`S TOWN	04:25	05:28		06:04		06:40		07:13			07:50
GLENCAIRN	04:30	05:33		06:09		06:45		07:18			07:55
SUNNY COVE	04:34	05:37		06:13		06:49		07:22			07:59
FISH HOEK	04:37	05:40	05:58	06:16	06:31	06:52	07:05	07:25	07:40	08:02	
KALK BAY	04:41	05:44	06:02	06:20	06:35	06:56	07:09	07:29	07:44	08:06	
ST JAMES	04:43	05:46	06:04	06:22	06:37	06:58	07:11	07:31	07:46	08:08	
MUIZENBERG	04:46	05:49	06:07	06:25	06:40	07:01	07:14	07:34	07:49	08:11	
FALSE BAY	04:48	05:51	06:09	06:27	06:42	07:03	07:16	07:36	07:51	08:13	
LAKESIDE	04:50	05:53	06:11	06:29	06:44	07:05	07:18	07:38	07:53	08:15	
STEENBERG	04:53	05:56	06:14	06:32	06:47	07:08	07:21	07:41	07:56	08:18	
RETREAT	04:55	05:58	06:16	06:34	06:49	07:10	07:23	07:43	07:58	08:20	
HEATHFIELD	04:58	06:01	06:19	06:37	06:52	07:13	07:26	07:46	08:01	08:23	
DIEPRIVIER	05:00	06:03	06:21	06:39	06:54	07:15	07:28	07:48	08:03	08:25	
STEURHOF	05:02	06:05	06:23	06:41	06:56	07:17	07:30	07:50	08:05	08:27	
PLUMSTEAD	05:04	06:07	06:25	06:43	06:58	07:19	07:32	07:52	08:07	08:29	
WITTEBOME	05:06	06:09	06:27	06:45	07:00	07:21	07:34	07:54	08:09	08:31	
WYNBERG	05:08	06:11	06:29	06:47	07:02	07:23	07:36	07:56	08:11	08:33	
KENILWORTH	05:10	06:13	06:31	06:49	07:04	07:25	07:38	07:58	08:13	08:35	
HARFIELD RD	05:12	06:15	06:33	06:51	07:06	07:27	07:40	08:00	08:15	08:37	
CLAREMONT	05:14	06:17	06:35	06:53	07:08	07:29	07:42	08:02	08:17	08:39	
NEWLANDS	05:16	06:19	06:37	06:55	07:10	07:31	07:44	08:04	08:19	08:41	
RONDEBOSCH	05:18	06:21	06:39	06:57	07:12	07:33	07:46	08:06	08:21	08:43	
ROSEBANK	05:20	06:23	06:41	06:59	07:14	07:35	07:48	08:08	08:23	08:45	
MOWBRAY	05:22	06:25	06:43	07:01	07:16	07:37	07:50	08:10	08:25	08:47	
OBSERVATORY	05:24	06:27	06:45	07:03	07:18	07:39	07:52	08:12	08:27	08:49	
SALT RIVER	05:27	06:30	06:48	07:06	07:21	07:42	07:55	08:15	08:30	08:52	
WOODSTOCK	05:30	06:33	06:51	07:09	07:24	07:45	07:58	08:18	08:33	08:55	
CAPE TOWN	05:33	06:36	06:54	07:12	07:27	07:48	08:01	08:21	08:36	08:58	
B - BUFFET CAR ATTACHED											

SIMON`S TOWN - WYNBERG - CAPE TOWN										
SATURDAYS										
TRAIN NO.	0120	0122	0124	0126	0128	B 0130	0132	0134	0136	0138
SIMON`S TOWN		08:37		09:19		10:10		10:58		11:50
GLENCAIRN		08:42		09:24		10:15		11:03		11:55
SUNNY COVE		08:46		09:28		10:19		11:07		11:59
FISH HOEK	08:19	08:49	09:08	09:31	09:56	10:22	10:45	11:10	11:38	12:02
KALK BAY	08:23	08:53	09:12	09:35	10:00	10:26	10:49	11:14	11:42	12:06
ST JAMES	08:25	08:55	09:14	09:37	10:02	10:28	10:51	11:16	11:44	12:08
MUIZENBERG	08:28	08:58	09:17	09:40	10:05	10:31	10:54	11:19	11:47	12:11
FALSE BAY	08:30	09:00	09:19	09:42	10:07	10:33	10:56	11:21	11:49	12:13
LAKESIDE	08:32	09:02	09:21	09:44	10:09	10:35	10:58	11:23	11:51	12:15
STEENBERG	08:35	09:05	09:24	09:47	10:12	10:38	11:01	11:26	11:54	12:18
RETREAT	08:37	09:07	09:26	09:49	10:14	10:40	11:03	11:28	11:56	12:20
HEATHFIELD	08:40	09:10	09:29	09:52	10:17	10:43	11:06	11:31	11:59	12:23
DIEPRIVIER	08:42	09:12	09:31	09:54	10:19	10:45	11:08	11:33	12:01	12:25
STEURHOF	08:44	09:14	09:33	09:56	10:21	10:47	11:10	11:35	12:03	12:27
PLUMSTEAD	08:46	09:16	09:35	09:58	10:23	10:49	11:12	11:37	12:05	12:29
WITTEBOME	08:48	09:18	09:37	10:00	10:25	10:51	11:14	11:39	12:07	12:31
WYNBERG	08:50	09:20	09:39	10:02	10:27	10:53	11:16	11:41	12:09	12:33
KENILWORTH	08:52	09:22	09:41	10:04	10:29	10:55	11:18	11:43	12:11	12:35
HARFIELD RD	08:54	09:24	09:43	10:06	10:31	10:57	11:20	11:45	12:13	12:37
CLAREMONT	08:56	09:26	09:45	10:08	10:33	10:59	11:22	11:47	12:15	12:39
NEWLANDS	08:58	09:28	09:47	10:10	10:35	11:01	11:24	11:49	12:17	12:41
RONDEBOSCH	09:00	09:30	09:49	10:12	10:37	11:03	11:26	11:51	12:19	12:43
ROSEBANK	09:02	09:32	09:51	10:14	10:39	11:05	11:28	11:53	12:21	12:45
MOWBRAY	09:04	09:34	09:53	10:16	10:41	11:07	11:30	11:55	12:23	12:47
OBSERVATORY	09:06	09:36	09:55	10:18	10:43	11:09	11:32	11:57	12:25	12:49
SALT RIVER	09:09	09:39	09:58	10:21	10:46	11:12	11:35	12:00	12:28	12:52
WOODSTOCK	09:12	09:42	10:01	10:24	10:49	11:15	11:38	12:03	12:31	12:55
CAPE TOWN	09:15	09:45	10:04	10:27	10:52	11:18	11:41	12:06	12:34	12:58
B - BUFFET CAR ATTACHED										

SIMON`S TOWN - WYNBERG - CAPE TOWN										
SATURDAYS										
TRAIN NO.	0140	0142	0144	0146	B 0148	0150	0152	0154	0156	0158
SIMON`S TOWN		12:38			13:58	14:36		15:25		16:21
GLENCAIRN		12:43			14:03	14:41		15:30		16:26
SUNNY COVE		12:47			14:07	14:45		15:34		16:30
FISH HOEK	12:24	12:50	13:15	13:43	14:10	14:48	15:12	15:37	15:56	16:33
KALK BAY	12:28	12:54	13:19	13:47	14:14	14:52	15:16	15:41	16:00	16:37
ST JAMES	12:30	12:56	13:21	13:49	14:16	14:54	15:18	15:43	16:02	16:39
MUIZENBERG	12:33	12:59	13:24	13:52	14:19	14:57	15:21	15:46	16:05	16:42
FALSE BAY	12:35	13:01	13:26	13:54	14:21	14:59	15:23	15:48	16:07	16:44
LAKESIDE	12:37	13:03	13:28	13:56	14:23	15:01	15:25	15:50	16:09	16:46
STEENBERG	12:40	13:06	13:31	13:59	14:26	15:04	15:28	15:53	16:12	16:49
RETREAT	12:42	13:08	13:33	14:01	14:28	15:06	15:30	15:55	16:14	16:51
HEATHFIELD	12:45	13:11	13:36	14:04	14:31	15:09	15:33	15:58	16:17	16:54
DIEPRIVIER	12:47	13:13	13:38	14:06	14:33	15:11	15:35	16:00	16:19	16:56
STEURHOF	12:49	13:15	13:40	14:08	14:35	15:13	15:37	16:02	16:21	16:58
PLUMSTEAD	12:51	13:17	13:42	14:10	14:37	15:15	15:39	16:04	16:23	17:00
WITTEBOME	12:53	13:19	13:44	14:12	14:39	15:17	15:41	16:06	16:25	17:02
WYNBERG	12:55	13:21	13:46	14:14	14:41	15:19	15:43	16:08	16:27	17:04
KENILWORTH	12:57	13:23	13:48	14:16	14:43	15:21	15:45	16:10	16:29	17:06
HARFIELD RD	12:59	13:25	13:50	14:18	14:45	15:23	15:47	16:12	16:31	17:08
CLAREMONT	13:01	13:27	13:52	14:20	14:47	15:25	15:49	16:14	16:33	17:10
NEWLANDS	13:03	13:29	13:54	14:22	14:49	15:27	15:51	16:16	16:35	17:12
RONDEBOSCH	13:05	13:31	13:56	14:24	14:51	15:29	15:53	16:18	16:37	17:14
ROSEBANK	13:07	13:33	13:58	14:26	14:53	15:31	15:55	16:20	16:39	17:16
MOWBRAY	13:09	13:35	14:00	14:28	14:55	15:33	15:57	16:22	16:41	17:18
OBSERVATORY	13:11	13:37	14:02	14:30	14:57	15:35	15:59	16:24	16:43	17:20
SALT RIVER	13:14	13:40	14:05	14:33	15:00	15:38	16:02	16:27	16:46	17:23
WOODSTOCK	13:17	13:43	14:08	14:36	15:03	15:41	16:05	16:30	16:49	17:26
CAPE TOWN	13:20	13:46	14:11	14:39	15:06	15:44	16:08	16:33	16:52	17:29
B - BUFFET CAR ATTACHED										

SIMON`S TOWN - WYNBERG - CAPE TOWN										
SATURDAYS										
TRAIN NO.	B									
	0160	0162	0164	0166						
SIMON`S TOWN	17:14		17:57	18:45						
GLENCAIRN	17:19		18:02	18:50						
SUNNY COVE	17:23		18:06	18:54						
FISH HOEK	17:26	17:51	18:17	18:57						
KALK BAY	17:30	17:55	18:21	19:01						
ST JAMES	17:32	17:57	18:23	19:03						
MUIZENBERG	17:35	18:00	18:26	19:06						
FALSE BAY	17:37	18:02	18:28	19:08						
LAKESIDE	17:39	18:04	18:30	19:10						
STEENBERG	17:42	18:07	18:33	19:13						
RETREAT	17:44	18:09	18:35	19:15						
HEATHFIELD	17:47	18:12	18:38	19:18						
DIEPRIVIER	17:49	18:14	18:40	19:20						
STEURHOF	17:51	18:16	18:42	19:22						
PLUMSTEAD	17:53	18:18	18:44	19:24						
WITTEBOME	17:55	18:20	18:46	19:26						
WYNBERG	17:57	18:22	18:48	19:28						
KENILWORTH	17:59	18:24	18:50	19:30						
HARFIELD RD	18:01	18:26	18:52	19:32						
CLAREMONT	18:03	18:28	18:54	19:34						
NEULANDS	18:05	18:30	18:56	19:36						
RONDEBOSCH	18:07	18:32	18:58	19:38						
ROSEBANK	18:09	18:34	19:00	19:40						
MOWBRAY	18:11	18:36	19:02	19:42						
OBSERVATORY	18:13	18:38	19:04	19:44						
SALT RIVER	18:16	18:41	19:07	19:47						
WOODSTOCK	18:19	18:44	19:10	19:50						
CAPE TOWN	18:22	18:47	19:13	19:53						
B - BUFFET CAR ATTACHED										

SIMON'S TOWN - WYNBERG - CAPE TOWN										
SUNDAYS AND PUBLIC HOLIDAYS										
TRAIN NO.	0102	0104	0106	0108	0110	0112	S/T 0114	B 0116	0118	0120
SIMON'S TOWN	04:24	05:24	06:22	07:18	08:17	09:04		09:55	10:42	11:53
GLENCAIRN	04:29	05:29	06:27	07:23	08:22	09:09		10:00	10:47	11:58
SUNNY COVE	04:33	05:33	06:31	07:27	08:26	09:13		10:04	10:51	12:02
FISH HOEK	04:36	05:36	06:34	07:30	08:29	09:16	09:40	10:07	10:54	12:05
KALK BAY	04:40	05:40	06:38	07:34	08:33	09:20	09:44	10:11	10:58	12:09
ST JAMES	04:42	05:42	06:40	07:36	08:35	09:22	09:46	10:13	11:00	12:11
MUIZENBERG	04:45	05:45	06:43	07:39	08:38	09:25	09:49	10:16	11:03	12:14
FALSE BAY	04:47	05:47	06:45	07:41	08:40	09:27	09:51	10:18	11:05	12:16
LAKESIDE	04:49	05:49	06:47	07:43	08:42	09:29	09:53	10:20	11:07	12:18
STEENBERG	04:52	05:52	06:50	07:46	08:45	09:32	09:56	10:23	11:10	12:21
RETREAT	04:54	05:54	06:52	07:48	08:47	09:34	09:58	10:25	11:12	12:23
HEATHFIELD	04:57	05:57	06:55	07:51	08:50	09:37	10:01	10:28	11:15	12:26
DIEPRIVIER	04:59	05:59	06:57	07:53	08:52	09:39	10:03	10:30	11:17	12:28
STEURHOF	05:01	06:01	06:59	07:55	08:54	09:41	10:05	10:32	11:19	12:30
PLUMSTEAD	05:03	06:03	07:01	07:57	08:56	09:43	10:07	10:34	11:21	12:32
WITTEBOME	05:05	06:05	07:03	07:59	08:58	09:45	10:09	10:36	11:23	12:34
WYNBERG	05:07	06:07	07:05	08:01	09:00	09:47	10:11	10:38	11:25	12:36
KENILWORTH	05:09	06:09	07:07	08:03	09:02	09:49	10:13	10:40	11:27	12:38
HARFIELD RD	05:11	06:11	07:09	08:05	09:04	09:51	10:15	10:42	11:29	12:40
CLAREMONT	05:13	06:13	07:11	08:07	09:06	09:53	10:17	10:44	11:31	12:42
NEWLANDS	05:15	06:15	07:13	08:09	09:08	09:55	10:19	10:46	11:33	12:44
RONDEBOSCH	05:17	06:17	07:15	08:11	09:10	09:57	10:21	10:48	11:35	12:46
ROSEBANK	05:19	06:19	07:17	08:13	09:12	09:59	10:23	10:50	11:37	12:48
MOWBRAY	05:21	06:21	07:19	08:15	09:14	10:01	10:25	10:52	11:39	12:50
OBSERVATORY	05:23	06:23	07:21	08:17	09:16	10:03	10:27	10:54	11:41	12:52
SALT RIVER	05:26	06:26	07:24	08:20	09:19	10:06	10:30	10:57	11:44	12:55
WOODSTOCK	05:29	06:29	07:27	08:23	09:22	10:09	10:33	11:00	11:47	12:58
CAPE TOWN	05:32	06:32	07:30	08:26	09:25	10:12	10:36	11:03	11:50	13:01
B : BUFFET CAR ATTACHED										
S/T = SUMMER TRAINS OPERATING SUNDAYS 10 DECEMBER 2006 - 25 MARCH 2007										

SIMON'S TOWN - WYNBERG - CAPE TOWN

SUNDAYS AND PUBLIC HOLIDAYS

TRAIN NO.	0122	0124	B 0126	0128	S/T 0130	0132	0134	B 0136		
SIMON'S TOWN	13:00	13:41	14:54	16:02		16:54	17:36	18:55		
GLENCAIRN	13:05	13:46	14:59	16:07		16:59	17:41	19:00		
SUNNY COVE	13:09	13:50	15:03	16:11		17:03	17:45	19:04		
FISH HOEK	13:12	13:53	15:06	16:14	16:36	17:06	17:48	19:07		
KALK BAY	13:16	13:57	15:10	16:18	16:40	17:10	17:52	19:11		
ST JAMES	13:18	13:59	15:12	16:20	16:42	17:12	17:54	19:13		
MUIZENBERG	13:21	14:02	15:15	16:23	16:45	17:15	17:57	19:16		
FALSE BAY	13:23	14:04	15:17	16:25	16:47	17:17	17:59	19:18		
LAKESIDE	13:25	14:06	15:19	16:27	16:49	17:19	18:01	19:20		
STEENBERG	13:28	14:09	15:22	16:30	16:52	17:22	18:04	19:23		
RETREAT	13:30	14:11	15:24	16:32	16:54	17:24	18:06	19:25		
HEATHFIELD	13:33	14:14	15:27	16:35	16:57	17:27	18:09	19:28		
DIEPRIVIER	13:35	14:16	15:29	16:37	16:59	17:29	18:11	19:30		
STEURHOF	13:37	14:18	15:31	16:39	17:01	17:31	18:13	19:32		
PLUMSTEAD	13:39	14:20	15:33	16:41	17:03	17:33	18:15	19:34		
WITTEBOME	13:41	14:22	15:35	16:43	17:05	17:35	18:17	19:36		
WYNBERG	13:43	14:24	15:37	16:45	17:07	17:37	18:19	19:38		
KENILWORTH	13:45	14:26	15:39	16:47	17:09	17:39	18:21	19:40		
HARFIELD RD	13:47	14:28	15:41	16:49	17:11	17:41	18:23	19:42		
CLAREMONT	13:49	14:30	15:43	16:51	17:13	17:43	18:25	19:44		
NEULANDS	13:51	14:32	15:45	16:53	17:15	17:45	18:27	19:46		
RONDEBOSCH	13:53	14:34	15:47	16:55	17:17	17:47	18:29	19:48		
ROSEBANK	13:55	14:36	15:49	16:57	17:19	17:49	18:31	19:50		
MOWBRAY	13:57	14:38	15:51	16:59	17:21	17:51	18:33	19:52		
OBSERVATORY	13:59	14:40	15:53	17:01	17:23	17:53	18:35	19:54		
SALT RIVER	14:02	14:43	15:56	17:04	17:26	17:56	18:38	19:57		
WOODSTOCK	14:05	14:46	15:59	17:07	17:29	17:59	18:41	20:00		
CAPE TOWN	14:08	14:49	16:02	17:10	17:32	18:02	18:44	20:03		

B : BUFFET CAR ATTACHED

S/T = SUMMER TRAINS OPERATING SUNDAYS 10 DECEMBER 2006 - 25 MARCH 2007